

Year 2 RSHE Planning Autumn 1 Overview

Week	Cornerstone	Lesson plan	Vocabulary
Week 1 and 2	Emotional Health and Wellbeing 	LI: to explain what rights and responsibilities are LI: To understand routines for the classroom LI: To give examples of how to be a good learner LI: to give examples of how to be responsible in the classroom	Rights, responsibilities, responsible, class charter, rules, routines, active listening, resilience, belong, belonging
Week 3	Emotional Health and Wellbeing 	LI: to identify and name emotions	Calm, worried, anxious nervous, frightened, embarrassed, bored, confused, excited, frustrated, guilty, happy, hopeful, jealous, left out, love, proud, relaxed.
Week 4:	Emotional Health and Wellbeing 	LI: to suggest strategies to help when I feel anxious	Anxiety, worried, anxious, butterflies, strategies, trusted adult, exercise, breathing

Year 2 RSHE Planning Autumn 1 Overview

Week 5	Emotional Health and Wellbeing 	Ll: to suggest ways we can show good manners and respect <u>Lunch hall manners</u> - Please, no thank you and thank you - Talking with mouth full - Eating with your hands - Pushing into queues - Waiting your turn to speak to someone	Manners, respect, “you first, me last”, polite, courtesy
Week 6	Emotional Health and Wellbeing 	Ll: to suggest ways we can show good manners and respect <u>Classroom and around school manners</u> - Being aware of impact of your noise - How to ask for something you need - Bumping into someone - Meeting an adult in the corridor - Blowing our noses - Sucking pencils - Looking after resources	Manners, respect, “you first, me last”, polite, courtesy
 Digital and Media Literacy Cornerstone will be taught specifically within Computing lessons this term, with a focus on e-safety; staying safe online, speaking to a trusted adult and understanding password privacy.			