

Early Years RSHE planning Autumn 1 overview

Week	Area and codes	Lesson plan	Vocabulary
Week 1	Lesson 1: Belonging: including Tour of school PCF 1, 4, 2 PRKR 1, 2, 6, 7, 8, 5, 11 PBS1, 3, 7, 6 Lesson 2 Toileting rules Lesson 3: Making friends Lesson 4: What is your favourite story?	LI: To feel part of the class LI: To name body parts correctly LI: To make new friends LI: To engage in story-time and share my views	Hello, share, kind, speak, friends, take turns, names, colours, teachers, adults, help, lunch, toilet, wash, tidy, safe, coat, zip, book bag, favourite, new school, new friends, exciting, nervous, anxious, feelings, emotions, new experiences, safe, secure, happy, learn, favourite, likes, dislikes.
Week 2	Lesson 5: School rules and Class Rules- PGW7, MW8, MW9, PGW7, PGW9 Lesson 6: Golden Rules- we listen, we are kind, we look after the classroom Lesson 7: How to be safe at school Lesson 8: Sharing special things	LI: To learn how to behave at school LI: To understand the rules. LI: To be safe at school LI: To share my ideas and listen to others.	Rules, behaviour, expectation, calm, happy, sad, cross, worried, kind, gentle, turn taking, listening, safe, rules, tidy, sharing, special
Week 3	Lesson 9: Who is in your family? Lesson 10: Who is in your heart?	LI: To be able to talk about feelings. LI: To talk freely about their family and favourite things. To have confidence to speak to others.	Friendship, family, happy, calm, love, caring, helpful, cuddle, memories, together, special, love, family, mum, dad, brother, sister, sibling auntie, uncle, cousin, Grandparents, family names, pets, toys. Healthy, not so healthy, favourite, likes and dislikes. Vegetables, fruit, taste, texture, smell, senses, crunchy, leafy, squishy, fresh, stinky, confidence.
Week 4	Lesson 11: Positive comment to your friend- PGW4 Lesson 12: Similarities and differences to our friends.	LI: To say something kind to my new friend. LI: To talk about similarities and differences and to see themselves as a valuable individual.	Comment, talk, partner, friends, please, thank you, same, different, fair, eyes, ears, mouth, nose, paint, brush, skin colour, features, kindness.

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Week 5	<p>Lesson 13: How do you feel? PGW3 – PGW4, MW1, MW2, MW3, MW4</p> <p>Lesson 14: Have you filled my bucket? Kind actions PGW3 – PGW4, MW1, MW2, MW3, MW4</p>	<p>LI: To talk about how different feelings and emotions</p> <p>L.I: Have a developing awareness of own needs and those of others.</p>	<p>Feelings, confused, shy, upset, cross, frustrated joyful, problem, worry, anxious, excited, scared Emotions, calm, happy, angry, blue, wobbly, worried, excited, nervous, angry, frustrated, low, proud, kind, generous, gestures, helpful, unhappy, teary, sad, low, tired, grumpy, body, worried, lonely, cheerful, relaxed, bored, glum, ready to learn, nervous, mad, furious, terrified, proud, annoyed, friendly, out of control, scared confused, cross.</p>
Week 6	<p>Lesson 15: How do you feel when you get stuck? Have you ever got stuck? PGW3 – PGW4, MW1, MW2, MW3, MW4</p>	<p>L.I: To know how to ask for help. .</p>	<p>Frustrated, fed up, let down, impatient, cooperate feelings, problem, worry, anxious excited scared confused shy upset cross frustrated lonely joyful help ask adults friends family</p>
Week 7	<p>Lesson 16: What does angry look like? PGW3, PGW4, MW2, MW3, MW4</p> <p>Lesson 17: Safety and hygiene PPHF2, PPHF3, PHF1, PhF2</p> <p>Lesson 18: Sharing our learning with our family</p>	<p>LI: To consider each other's feelings</p> <p>LI: To understand hygiene and safety whilst cooking.</p> <p>LI: To see you yourself as a valued individual.</p>	<p>Anger, angry, cross, aggressive, furious,</p>