

Year 5 RSHE planning Autumn 1 overview

Week	Lesson plan	Cornerstone	Vocabulary
Week 1			Rights, respect,
Week 2	LI: To show an understanding of a growth mind-set LI: To understand the incredible power of yet	Emotional health and wellbeing	Growth mindset, fixed mindset, Yet, Self-esteem, self-respect, communicate
Week 3	LI: To show a growth mindset.	Emotional health and wellbeing	Growth mindset, fixed mindset, Yet, Self-esteem, self-respect, communicate
Week 4:	LI: To understand The Magic of Mistakes	Emotional health and wellbeing	Growth mindset, fixed mindset, Yet, Self-esteem, self-respect, communicate
Week 5	LI: To understand the role of neurons in learning	Emotional health and wellbeing	Neuron, Growth mindset, fixed mindset, Yet, Self-esteem, self-respect, communicate
Week 6	LI: To reflect on the meaning of your brain is like a muscle	Emotional health and wellbeing	Muscle, Brain, Growth mindset, fixed mindset, Yet, Self-esteem, self-respect, communicate

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Week 7	LI: To understand the term neuroplasticity and how the brain can be 'rewired'	Emotional health and wellbeing	Neuroplasticity, Growth mindset, fixed mindset, Yet, Self-esteem, self-respect, communicate
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