Year 4 RSHE planning Autumn 1 overview

Week	Area and codes	Lesson plan	Vocabulary
Week 0	Relationships and sex education	LI: To contribute to the class charter and set aspirational goals. LI: To express what I am good at- positivity hand	
Week 1	Relationships and sex education	LI: To create a family tree	family tree
Week 2	Relationships and sex education PF5	LI: To understand there are different types of families and relationships.	civil partnerships, marriage, 'We are Family' book by Patricia Hegarty
Week 3	Relationships and sex education PGW8	LI: To identify that there are different types of loss.	Committed relationships, divorce, separation, bereavement, Sad Book by Michael Rosen- discussion of loss. 'Two Homes'- divorce themes
Week 4:	Healthy eating PHE1	LI: To understand what makes a healthy snack	
Week 5	Relationships and sex education PCF5/PCF6	LI: To recognise that friendships can change	Positive, negative, neutral consequences, resolution

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Week 6	Relationships and sex education PRKR2	LI: To explain what a positive and healthy relationship is and how we can maintain it	Positive, negative, neutral consequences, resolution
Week 7	Relationships and sex education PRKR5	LI: To explain that there are differences between people including disabilities.	Disability, differences, equal opportunities, national, cultural, regional, religious ethnic identities, values and customs Just Ask: Be Different, Be Brave, Be You book