Year 6 RSHE planning Autumn term overview

Week	Area and codes	Lesson focus	Vocabulary
Week 1	Respectful kind relationships - PRKR5	LI: To create a class charter/behaviour expectation	rights, responsibilities, United Nations, Rights of the Child, equality, respect
Week 2	Respectful kind relationships - PRKR10	LI: Explain how gender can be stereotyped (scheme card 14)	identity, gender, boys, girls, expectations, stereotyping, media, news, advertising, influence, challenge
Week 3	Respectful kind relationships - PRKR10	LI: Consider the importance of challenging stereotypes (scheme card 14)	identity, gender, boys, girls, expectations, stereotyping, media, news, advertising, influence, challenge
Week 4:	Healthy eating - PHE3, PHE1, PHE2, PHE4	SNACK-TEMBER – Healthy snack alternatives	Healthy, unhealthy, balanced, eat-well plate, carbohydrates, protein, fibre, fats, vegetables, fruit, physical and mental health, endorphins
Week 5	Respectful kind relationships - PCF2, PCF3, PCF6, PCF7, PRKR1, PRKR2, PRKR6, PRKR8, PRKR9	LI: To explain what a positive, healthy relationship is (PSHE Association Medway resources)	relationships, friends, love, care, respect, value, healthy relationships, agree, disagree,
Week 6	Respectful kind relationships - PCF2, PCF3, PCF6, PCF7, PRKR1, PRKR2, PRKR6, PRKR8, PRKR9	LI: Describe how one person's actions can affect another person, or a group of people (scheme card 13) (anti-bullying focus)	relationships, friends, love, care, respect, value, healthy relationships, agree, disagree, bullying, bullied, feelings, affect, online, change, loss, difficulties, cope, strategies
Week 7	Respectful kind relationships - PCF2, PCF3, PCF6, PCF7, PRKR1, PRKR2, PRKR6, PRKR8, PRKR9	LI: Describe how people in different relationships show they care for and value each other Suggest different ways to demonstrate that we value the others' points of view (scheme card 13)	relationships, friends, love, care, respect, value, healthy relationships, agree, disagree, bullying, bullied, feelings, affect, online, change, loss, difficulties, cope, strategies

Year 6 RSHE planning Autumn term overview

Week 8	Wellbeing Online/Online safety and awareness – PW04, POSA6, POSA3, PW05, PW07	Taught in RHE LI: Re-tell ways to stay safe online including social media (scheme card 23)	Age-appropriate/recommended age, online profile, social media, apps, blocking, reporting, online reputation
Week 1	Online safety and awareness- PW04, PWO11	Taught in RHE LI: Where and how to report concerns and get support with issues online (scheme card 27)	Report, block, manage, impact, social environment, platform, victim, evidence,
Week 2	General Wellbeing PGW1	LI: Consider why people may volunteer and how this may affect their self-identity	Volunteer, self-esteem, identity,
Week 3	Money and Wellbeing	LI: Different methods for paying and the benefits and drawbacks of each (Natwest bank resource)	Credit, debit, cash, payment, choice, bank
Week 4	Money and Wellbeing	LI: To learn about the impact of money on emotional wellbeing (PSHE Association- money and wellbeing)	Impact, loan, emotions, benefits, feelings, budget, money, payment, salary Financial, job, cash, purchase, attitudes, Influence, bank account
Week 5	Money and Wellbeing	LI: To learn what it means to be a critical consumer (PSHE Association- money and wellbeing)	Critical, consumer, influence, good, services, products, political, ethical, environmental, value
Week 6	Drugs, alcohol and vaping PDATV1	LI: To learn about the risks and effects of legal and illegal drug use	Drug, alcohol, legal, illegal, risk, help
Week 7	Drugs, alcohol and vaping PDATV1 (Including PC visit)	LI: To learn why people use drugs and how to manage risky situations LI: Investigate consequences of drug use and where to go for help	Drug, alcohol, legal, illegal, risk, help

PPS2 How to recognise risk and keeping safe around water (Geography visit to RNLI-linked to topic)