



Dear Parents/Carers,

We have some exciting news for you! We are taking part in Big Walk and Wheel, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from 16th - 20th March 2026. It's free to take part and we would love everyone to be involved.

What do you need to do?

Encourage your child(ren) to walk, use a wheelchair, scoot or cycle to school on as many days as possible during the event.

You can leave your child's bike or scooter by the bike racks at the front of the school. Alternatively, if you walk through the blue gate, you can leave your bikes and scooters along the racks under the big tree. They can bring their helmets into school with them to keep in their cloakrooms.

If you live too far away to walk, we would encourage you to drive part of the way and walk in for the last 5-10 minutes of the journey. This will count as an active journey to school and means no one misses out.

Including everyone

We want to make sure that everyone can get involved in Big Walk and Wheel.

We know it may be more difficult for some pupils to take part than others. If you want to discuss more about your child(ren)'s specific needs, please

contact Mrs Langdell via the school office and we will make sure to look into how your child(ren) can take part.

Why we are taking part

Big Walk and Wheel is a great way to build physical activity in children's daily routine which is important for their physical health and mental wellbeing.

Active school runs also help to reduce congestion and air pollution outside the school gate. [A 2021 YouGov study](#) showed nearly half of UK children worry about air pollution near their school. And that children thought active travel was the best way to bring down these pollution levels.

Plus, there are some great prizes to be won every day if we get enough children taking part!

Last year we logged 2619 active journeys over the week. We would love to beat that and log even more this year!

Useful resources

To help you prepare, Walk Wheel Cycle Trust has developed a handy [Parent/Caregiver](#) page on the challenge website. It is packed with advice to help you have a hassle-free journey to school.

If you plan on riding your bike or scooter to school which has not been used for a while, please take a look at the video links below to check they are in safe working order.

<https://www.walkwheelcycletrust.org.uk/our-blog/get-active/mcheck/>

<https://www.walkwheelcycletrust.org.uk/our-blog/get-active/top-10-micro-tips-for-families-scooting-to-school/>

For more information about the event go to www.bigwalkandwheel.org.uk.

Enjoy the challenge!

Best wishes

Mrs Langdell