

SEND:Connect

October Meeting

It was lovely to see so many parents and carers at our first meeting just before half term. We really appreciate your support and helpful suggestions about different topics to explore.

Next meeting dates:

Thursday 4th December 9am - 9.40am

Tuesday 10th February 6pm - 6.40pm

Tuesday 14th April 9am - 9.40am

Thursday 21st May 6pm - 6.40pm

Thursday 9th July 2.15pm - 3pm

West Sussex Parent Carer Forum host a Chat and Chill session for parents:

* Chat & Chill coffee morning for parent carers *

Parenting a child with SEND can feel overwhelming, but you don't have to do it alone.

Join us for a relaxed coffee morning, connect with other parent carers, and take a well-deserved break - We are also thrilled to say that the first drink is on us!

Friday 21st November 10:00am - 12:00pm Bay Café, 1 Thorn Road, Worthing, BN11 3ND

Opportunities and Events

Adur Outdoor Activity Centre runs bouldering sessions weekly https://www.aduroutdoors.co.uk/climbing/climbing-clubs/

Reaching Families runs a support group called
Umbrellas that meet monthly. For more information please use the link below:
https://www.reachingfamilies.org.uk/umbrellas

