Email sent on Thurs 8th Oct to Y3 Parents re. helpers for pancake making:

Dear Year 3 Parents/Carers,

As part of our topic on Africa, we shall be making African pancakes using the recipe from one of our texts, 'Mama Panya's Pancakes' **on Thursday 22nd and Friday 23rd October.**

Please see the following ingredients list below:

Pancake Batter:
Plain flour
Red chilli pepper flakes
Sunflower oil.

Savoury Fillings *(children will choose one protein filling and two vegetable fillings)*

- Sweetcorn
- Peppers
- Cucumber
- Carrots
- Lettuce
- Tomatoes
- Sliced wafter thin ham
- Cooked chicken
- Tuna
- Cheddar Cheese

We are aware of particular dietary needs and allergies for some children in the year group however if your child has a new allergy or a need that the school is not yet aware of, please inform us so that we can cater for everyone safely. Please let us know by **Friday 16th October** if you have any questions about the ingredients we will be using.

We really hope the children will enjoy tasting their savoury pancakes! We would greatly appreciate any offers of help with this. If you are able to help, please indicate which session/s you would be able to attend and email your selected date/time to the school office (office@broadwaterce.org):

Thursday 23rd October:
Session 1: 8.45-10.15
Session 2: 10.45-12.30
Friday 24th October:
Session 1: 8.45-10.15
Session 2: 10.45-12.30

We look forward to hearing from you.
Many thanks and kind regards,
Year 3 Team