

**Email sent to Y5 Parents on Thurs 5<sup>th</sup> March 2026:**

Dear Year 5 Parent/Carer,

### **SPACE TOPIC – Astronaut Food Tasting**

We are writing to let you know that as part of our Space topic this term we will be creating a recipe for astronaut food, in the form of healthy crisps. We will then be making these recipes in the food technology room. To prepare for this, we intend to taste test a selection of 'astronaut food' next half term.

The food items we will be using/tasting are as follows: mild chilli powder, chilli flakes, ground cinnamon, ground black pepper, sweet potato oven chips, mixed root vegetable crisps and dried apple. We will then be cooking with fresh ingredients such as carrots, beetroot, parsnips, sweet potato and apple.

Here are links to the food items we will be tasting:

<https://www.tesco.com/groceries/en-GB/products/279570726>

<https://www.tesco.com/groceries/en-GB/products/304411694>

<https://www.tesco.com/groceries/en-GB/products/298179879>

<https://www.tesco.com/groceries/en-GB/products/256146389>

<https://www.tesco.com/groceries/en-GB/products/300456203>

<https://www.tesco.com/groceries/en-GB/products/251994901>

<https://www.tesco.com/groceries/en-GB/products/262290526>

Please contact the school office ([office@broadwaterce.org](mailto:office@broadwaterce.org)) **by Tuesday 10<sup>th</sup> March 2026** if you have any concerns/allergies or if you would prefer your child not to take part in this.

Kind regards,  
Mrs Lehmann, Mrs Miller and Miss Walker  
Year 5 Staff