

Year 2

Core Theme	Autumn	Spring	Summer
<p>Health and Wellbeing</p>	<p>Healthy people Healthy and safe Children will learn:</p> <ul style="list-style-type: none"> • about what healthy people do. This should include learning about the benefits of rest and exercise. <p>Children should:</p> <ul style="list-style-type: none"> • be able to describe the components of a healthy day <p>PE</p> <p>Awareness of feelings Emotional Health – self-esteem/awareness Children will learn:</p> <ul style="list-style-type: none"> • How to tell how people are feeling <p>Circle Time</p> <p>Keeping well and clean Healthy and safe Children should:</p> <ul style="list-style-type: none"> • know how to keep themselves clean <p>Circle Time</p>	<p>Keeping fit Healthy and safe Children will:</p> <ul style="list-style-type: none"> • learn about exercise and what makes places healthy • begin to learn how to make real, informed choices that improve their physical and emotional health <p>PE lessons</p> <p>Growing and changing Children should:</p> <ul style="list-style-type: none"> • be able to describe some elements of the growth cycle <p>Science week</p> <p>Mums and babies – how we grew Children will learn:</p> <ul style="list-style-type: none"> • about babies and birth • about the process of growing from young to old • how people’s needs change and responsibilities that increasing independence may bring <p>Children should:</p> <ul style="list-style-type: none"> • if possible bring in photographs of themselves / their parents/carers at different stages from birth till now. <p>PE, Science</p>	<p>Healthy eating Healthy and safe Children will learn:</p> <ul style="list-style-type: none"> • about what food is healthy <p>Children should:</p> <ul style="list-style-type: none"> • use their learning to plan a healthy lunchbox <p>Healthy Eating week / Lighthouse Keeper’s Lunch</p> <p>Healthy people Healthy and safe Children will learn:</p> <ul style="list-style-type: none"> • about what healthy people do. This should include learning about the benefits of rest and exercise. <p>Children should:</p> <ul style="list-style-type: none"> • be able to describe the components of a healthy day <p>Healthy Eating week</p> <p>Feeling unsure Healthy and safe Emotional Health Children will learn:</p> <ul style="list-style-type: none"> • about feeling worried <p>Circle Time</p> <p>Healthy people Children should:</p> <ul style="list-style-type: none"> • be able to recognise what they like and dislike, and recognise that choices can have good and not so good consequences • research, discuss and debate topical issues, problems and events concerning health and wellbeing and offer their recommendations to appropriate people <p>Healthy Eating week / Lighthouse Keeper’s Lunch</p> <p>Keeping well and clean Children will learn:</p> <ul style="list-style-type: none"> • how some diseases are spread and can be controlled and about the responsibilities they have for their own health and that of others <p>RHE lesson</p>

<p>Relationships</p>	<p>Coping with conflict Emotional Health Anti-bullying Children will learn: <ul style="list-style-type: none"> • more about teasing and bullying • that there are different types of teasing and bullying, that these are wrong and unacceptable Children should: <ul style="list-style-type: none"> • know why this is wrong and how to get help. • recognise when people are being unkind either to them or others, how to respond, who to tell and what to say RHE and circle time</p> <p>Who are our friends? Emotional Health – self-awareness Healthy and safe Children should: <ul style="list-style-type: none"> • be able to talk about good and not so good feelings Circle Time</p> <p>Same and different – being truthful Children will learn: <ul style="list-style-type: none"> • about truth and lies, and more about diversity Children should: <ul style="list-style-type: none"> • be able to show what constitutes a good friend recognise what is fair and unfair, kind and unkind, what is right and wrong Circle Time RHE</p> <p>Making and breaking friendships Children will learn: <ul style="list-style-type: none"> • about when friendships break up, or people move away Children should: <ul style="list-style-type: none"> • understand about the feelings associated with this Circle Time RHE</p> <p>Variety of relationships Children should: <ul style="list-style-type: none"> • recognise that they share a responsibility for keeping themselves and others safe, when to say, ‘yes’, ‘no’, ‘I’ll ask’ and ‘I’ll tell’ Circle Time RHE</p>	<p>Variety of relationships Emotional Health Values Healthy and safe Children should: <ul style="list-style-type: none"> • know what ‘privacy’ means RHE circle time</p> <p>Mums and babies Children will learn: <ul style="list-style-type: none"> • that babies need care and attention (love) in order to calm them if they are upset Children should: <ul style="list-style-type: none"> • plan a visit by a Mum and formulate questions RHE Science Week</p> <p>Keeping fit Children should: <ul style="list-style-type: none"> • plan and carry out a programme of exercise PE lessons</p> <p>Coping with conflict Children will learn: <ul style="list-style-type: none"> • the consequences of anti-social and aggressive behaviours such as bullying and discrimination on individuals and communities • how to resist teasing or bullying, if they experience or witness it, whom to go to and how to get help Spring 1 RHE</p>	<p>Personal Identity Emotional Health – self-esteem Children will learn: <ul style="list-style-type: none"> • to set simple but challenging goals Children should: <ul style="list-style-type: none"> • be able to learn from their experiences • be able to recognise and celebrate their strengths Circle Time</p> <p>Personal Safety Healthy and safe Emotional Health Children will learn: <ul style="list-style-type: none"> • about who to talk to if they have concerns, questions or worries Assemblies and Circle Time</p> <p>Keeping fit Children should: <ul style="list-style-type: none"> • plan and carry out a programme of exercise PE lessons</p>
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<p>Living in the Wider World</p>	<p>Money and shopping Citizenship / British Values – financial capability Children will learn: • about money and spending Children should: • be able to role-play simple financial transactions Maths lessons</p>	<p>Our school community Citizenship / British Values Sense of community Children will learn: • rules for safety in the environment (including rail, water and fire safety) Topic/English/fire service visitor • about safety online, the responsible use of ICT, the difference between secrets and surprises and understanding not to keep adults’ secrets) E-safety • to listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation) Spring 1 RHE</p>	<p>Special days Values – diversity and equal opportunities Children will learn: • about a range of festivals Christmas, Easter, Harvest Children should: • demonstrate this learning at an assembly or display Nativity, assemblies</p> <p>Global food Citizenship / British Values – sustainable development, government Children will learn: • about where food comes from Harvest Healthy eating week</p> <p>Our ideal community Citizenship / British Values – sense of community, participation, world of work Children should: • produce a map of the community Geography – trip to Worthing, map</p> <p>Sustainable development Citizenship / British Values Children will learn: • about the environment Children should: • take part in a class recycling activity Topic plastic ocean debate</p>
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