

Year 5

Core Theme	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Health and Wellbeing</p>	<p>Growth Mindset - Children to learn about the benefits of having and how to display a growth mindset towards their learning.</p> <p>Peer Mediation</p> <p>Working together Children will learn:</p> <ul style="list-style-type: none"> • how they can work together to bring about change <p>Children should:</p> <ul style="list-style-type: none"> • listen and respond respectfully to a wide range of people, to feel confident to raise their own concerns, to recognise and care about other people's feelings and to try to see, respect and if necessary constructively challenge their points of view • work collaboratively towards shared goals to develop strategies to resolve disputes and conflict through negotiation and appropriate compromise and to give rich and constructive feedback and support to benefit others as well as themselves • realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours (including cyberbullying, use of prejudice-based language, how to respond and ask for help) <p>Coping with bullying Children will:</p> <ul style="list-style-type: none"> • use role-play or other to demonstrate techniques they have learnt 	<p>Being left out Children will learn:</p> <ul style="list-style-type: none"> • the responsible use of mobile phones: safe keeping and who to talk to if they feel uncomfortable or concerned by requests for personal images, or images of others. <p>Children should:</p> <ul style="list-style-type: none"> • be able to describe how this feels <p>Relationships Children will learn:</p> <ul style="list-style-type: none"> • more about a range of issues that can affect families • about change, including transitions loss, separation, divorce and bereavement • how to manage requests for images of themselves or others; what is and is not appropriate to ask for or share <p>Children should:</p> <ul style="list-style-type: none"> • be aware of some of the problems families/parents can face 	<p>Personal Safety Children will learn:</p> <ul style="list-style-type: none"> • about situations which could cause them personal risk • that these universal rights are there to protect everyone and primacy over national law and family and community practices <p>Children should:</p> <ul style="list-style-type: none"> • develop strategies for keeping physically and emotionally safe including road safety, safety in the environment and safety online (including social media, the responsible use of ICT and mobile phones) • know what is meant by 'privacy' • know that they have a right to keep things 'private'; • the importance of respecting others' privacy 	<p>Sex Education Children will learn:</p> <ul style="list-style-type: none"> • how their body will change as they approach and move through puberty <p>Children should:</p> <ul style="list-style-type: none"> • be able to recognise changes to their own bodies 		

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Relationships			<p>Drug education Children will learn:</p> <ul style="list-style-type: none"> • which, why and how, commonly available substances and drugs (including alcohol and tobacco) could damage their immediate and future health and safety, that some are legal, some are restricted and some are illegal to own, use and supply to others • about alcohol, attitudes to drugs and making safe decisions in situations involving drugs <p>Children should:</p> <ul style="list-style-type: none"> • be able to describe the short and long term effects of alcohol, discuss their views about drugs and make safe decisions about drug-related situations 	<p>Healthy lifestyles Children will learn:</p> <ul style="list-style-type: none"> • about taking care of their body, understanding that they have autonomy and the right to protect their body from inappropriate and unwanted contact 		

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Living in the Wider World	<p>Democracy simulation</p> <p>Children will learn:</p> <ul style="list-style-type: none"> • about how local democracy works <p>Children should:</p> <ul style="list-style-type: none"> • use a simulation to develop understanding of democracy 				<p>Recycling project</p> <p>Children will learn:</p> <ul style="list-style-type: none"> • more about the local community <p>Children should:</p> <ul style="list-style-type: none"> • be able to explain what can be recycled in their "local" recycling bins <p>Fundraising activities</p> <p>Children will learn:</p> <ul style="list-style-type: none"> • about what voluntary agencies do <p>Children should</p> <ul style="list-style-type: none"> • plan and undertake a simple fundraising project 	<p>Money and Me</p> <p>Children will learn:</p> <ul style="list-style-type: none"> • about the role money plays in their own and others' lives, including how to manage their money and about being a critical consumer • that resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment • about enterprise and the skills that make someone 'enterprising' <p>Children should:</p> <ul style="list-style-type: none"> • develop an initial understanding of the concepts of 'interest', 'loan', 'debt', and 'tax' (e.g. their contribution to society through the payment of VAT) • explore and critique how the media present information • structure and conduct interviews and compare results <p>Global community project - Refugee Week</p> <p>Children will learn:</p> <ul style="list-style-type: none"> • about issues facing refugees, particularly in their local community <p>Children should:</p> <ul style="list-style-type: none"> • produce materials for Refugee Week for the school